



### Training Minute - Nighttime Transition Drill

What is the procedure when your carbine goes down at night? Watch lead Tiger Valley instructor T.J. Pilling demonstrate the nighttime transition drill. Watch the video [here](#).



### Elm Fork Wednesday Night Classes - Report & Video

As part of an ongoing series of special night classes at Elm Fork in Dallas, Tiger Valley ran a two and a half hour "Carbine Dynamics" class on March 5th. Drills included an overview of carbine basics, transition drills, moving and shooting, use of weapons-mounted lights, and weak-side shooting. A video with highlights from this class can be found [here](#).

The next class in this series is "Undercover Carry" and will be held on March 19. Bring your daily carry pistol (snub-nose revolver or small framed automatic) utilizing whatever practical carry method, or methods, you currently use. The course will cover the fundamentals of drawing and deploying these weapons at "in the hole" distances. Pistol, 200 rounds, holster(s), and safety gear is all that is required. Course fee is \$65. The course runs from 6:30 PM to 9 PM. No pre-registration is required, just show up!



On April 3, the night class will be "Surgical Pistol", which is all about wringing the highest possible level of accuracy out of a handgun. Same time and price as our other night classes.

### Update on April's 3-Gun Match

April's 3-Gun match is now being sponsored by our good friends at [LaRue Tactical](#), home of some of the finest tactical products anywhere. LaRue is providing a full prize table for this match.

To complete the courses of fire, you will need 250 rounds of rifle and pistol ammo, 75 birdshot, with additional rounds required depending on how many times you miss.

For scoring purposes, tactical, trooper, and unlimited classes will be utilized.

The match, on April 26 and 27, will begin at 8 AM on Saturday with 8 stages, followed by 2 stages, dinner, and award presentation on Sunday. Cost of the match is \$150 and includes dinner on Sunday and a fantastic match shirt.

The match is filling up fast so be sure to pre-register ASAP. Registration forms can be found [here](#).



### Training in the Upcoming Heat

Seasonal changes dictate changes in your training regimen. More specifically, stress brought about by the heat of the summer can take a surprising toll that affects not only the body, but the mind too. Tiger Valley encourages you to take time to address the two most common summertime training injuries: sunburn and dehydration.

Our bodies are made mostly of water. Excessive loss of body fluids through sweating can easily lead to dehydration (which can lead to heat exhaustion and heat stroke). This affects not only the physical body, but the mind as well (the brain is one of the first organs to dehydrate). The key to keeping dehydration at bay is to drink lots of fluids! This means drink before you feel thirsty. If you're thirsty, you're already dehydrating and your body is trying to tell you something. If you know you're going to be training, you should hydrate early and often. In other words, you should hydrate well before you train (start a day early) and then often during training. Sports drinks are good, but plain water is even better.

Sunburn is another very common and easily preventable summertime injury. A good waterproof sunscreen kept in your bag can easily be applied at the beginning of the day and reapplied later. Don't skimp and buy cheap sunscreen...quality matters. If you do get sunburn, you're effectively dehydrating your skin and dehydration is a bad thing.

So remember, waterproof sunscreen and hydrate, hydrate hydrate!

### Equipment Spotlight - Book Review

Carlos Hathcock has a deservedly hallowed place in history. As a Marine sniper in Vietnam, Carlos undertook harrowing assignments during two tours of duty and is credited with 93 confirmed kills. From stalking enemy snipers to the low-crawl to remove an enemy general, his exploits are legendary.

Over 20 years ago, fellow Marine Charles Henderson wrote "Marine Sniper", a biography of Hathcock's life. The book proved a great success and sits on shelves of many of us with interests in precision shooting. It was with some surprise that I recently discovered "Silent Warrior", a follow-up book written by Henderson about Hathcock.

"Silent Warrior" is primarily a retelling of many of the exploits recounted in the first book, with additional details that fell victim to length considerations. New territory includes the background on an enemy interrogator known as "The Frenchman", the death of Hathcock's primary spotter John Burke, and coverage of Hathcock's life in and outside the Marine Corps after his time in Vietnam.

This follow-up book will never be the classic the first book is and uses a somewhat dubious method of telling its stories. If you have not read "Marine Sniper", certainly start with that one. After having done so, those of us with additional interest in this great man can find enough gems in "Silent Warrior" to make it worth reading.



**Previous Newsletters Available Online!**

Check out our previous newsletters for fantastic training videos, equipment reviews, and special articles. Find them [here](#).

**Upcoming Events****March**

- 7-9 [FCSA Regional Match \(Waco\)](#)
- 12 [Subgun Match \(Elm Fork\)](#)
- 15-16 [Banned of Brothers \(Waco\)](#)
- 19 Undercover Carry Night Class (Elm Fork)
- 20- State Department Contractor Class (3 weeks)

**April**

- 2 Surgical Pistol Night Class (Elm Fork)
- 5-6 [Level 1 Pistol \(Elm Fork\)](#)
- 12-13 [Level 1 Carbine \(Waco\)](#)
- 12 [Open Shoot \(Waco\)](#)
- 16 [Subgun Match \(Elm Fork\)](#)
- 19 [CHL Class \(Elm Fork\)](#)
- 19 [F-Class Match \(Waco\)](#)
- 26-27 [LaRue Tactical 3-Gun Match \(Waco\)](#)

**May**

- 3-4 [Level 1 Precision Rifle \(Waco\)](#)
- 10-11 [Level 1 Pistol \(Elm Fork\)](#)
- 24 [CHL Class \(Elm Fork\)](#)
- 31 [Level 2 Pistol \(Waco\)](#)

**June**

- 2-6 [5-Day Combat Arms \(Waco\)](#)

**Newsletter Details**

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Tiger Valley LLC.  
Range Address: Hwy 84 at Joe Russell Rd. | Prairie Hill, TX 76678  
Mailing Address: 6309 Scottsboro Ln. | Garland, TX 75044  
Cell: (972)977-9512